



Meat Crust Pizza



Tastes like a pizza, cuts like a pizza, yet with a lot less carbs....do have a fork on hand because it can get a little messy if eaten with hands

Ingredients

- 1 lb lean ground turkey or chicken
- 2 cups shredded part-skim mozzarella cheese, divided
- ½ cup low-sugar pizza sauce (RAO's)
- turkey pepperoni
- Your favorite toppings:
- onion
- green pepper
- mushroom
- your favorite pizza seasoning, to taste

Instructions

- Preheat oven to 350 degrees.
Brown the ground beef; drain.
- Place meat in a mixing bowl and mix with 1 cup of mozzarella.
- Spread the mixture into a circle on a round pizza pan or baking stone; and top with 1/2 cup pizza sauce.
- Top with the rest of the mozzarella, optional toppings and seasonings.
- Bake for about 25 minutes or until cheese is melted and browned.